

“Listen To What These FORMER Disc Bulge, Herniated Disc, Sciatica and Disc Degeneration Sufferers Have To Say About the



Non-Surgical Spinal Decompression Program!”



“It feels great to be back to work and doing everything I wasn’t able to for so long. Everyone at work keeps noticing and commenting how much straighter and taller I look. I’m not walking with a cane... all hunched over in pain anymore.”

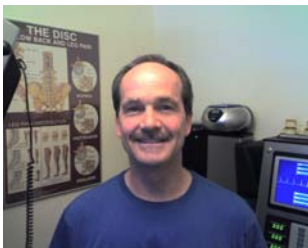
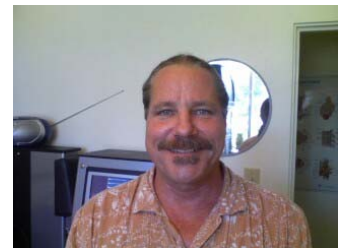
Mr. David Calderon, 54 years old
Longshoreman, San Pedro, CA

“OH, MY GOSH! I seriously did not believe I could be pain free. I can hardly believe it! For over 10 years my back and neck pain was so bad it made me nauseous. I had to stop running, playing volleyball, and doing many of the things I enjoy. **I lived in constant pain.** Physical therapy, traditional chiropractic, massage and yoga made life bearable, but the pain always came back. Western medicine [drugs] just put me to sleep, and **I didn’t want drugs or surgery.** Now, I can sleep comfortably. Thank you Dr. Ruge... **I don’t have neck pain anymore!!**

Ms. N. Nielsen, Rolling Hills Estates

“The nerve pressure was so bad **I lost the function of my left arm** and couldn’t turn my head without severe pain. I was definitely ready for surgery. Now I can go back to work. **The treatments changed my life.**” *(Treated for both Low Back and Neck)

Mr. James Gierlich, 56 years old
Contractor, Redondo Beach, CA



“I had severe neck and back pain for about 9 years. [Spinal Decompression] just made sense. **I’m now about 85% better and much more optimistic** about continuing to improve my health.”

Mr. Dana Copeland, 54 years old
Flight Attendant, El Segundo, CA



"I had been to several doctors and physical therapists for my sciatica with no results. **I experienced noticeable relief after my very first treatment.** Since completing the program, **I have been pain free and able to do so many things I was not able to do for years.**"

Ms. Sharlene Jackson, 42 years old, Lomita, CA

"I am most impressed with the overall, comprehensive treatment... it has been **excellent... beyond imagination. My neck feels velvety smooth.**" *(Treated for both Low Back and Neck)

Ms. Kim Carlson, 73 years old, Retired, Torrance, CA



"I have been to so many doctors and gotten NOWHERE. After only 8 weeks, **I feel at least 85% better...** some days 100%. I love these guys. I would do anything for them... **NO MORE CANE!!!**"

Ms. Donna Chasney, 65 years old
Retired Educator, Los Angeles, CA

And listen to these comments from a few of our non-Decompression patients...

"I moved back to Illinois in June. With all of the packing, unpacking and lifting of boxes I had to do, I did not have any back problems. **It's so nice to feel so good.** Thank you for all the care you gave me." -- Ms. Nora Tolby, 65 years old, Retired, Hawthorne, CA

"**Life is better.** I've suffered with this for over 25 years. Dr. Ruge takes his time with you. He gave me hope again and **I don't have to be in pain.** My friend told me, 'He's the best', and I can tell you, he is." -- Ms. Linda Fife, 62 years old, Retired, Torrance, CA

"I came to Dr. Ruge in pain. He quickly found the cause, and I was already feeling substantially **better after the first visit.** Dr. Ruge is very knowledgeable and very patient. I'd definitely recommend him." -- Mrs. Suzanne Spears, 45 years old, Homemaker, Torrance, CA

"Ever since I've been coming here, I feel like I can hear better, see better, smell better... my senses are restored... they're definitely sharper. **I just feel more alive.**"

-- Mr. Daniel Matsui, 60 years old, Executive Businessman, Torrance, CA